



Bicycle  
**Friendly**  
Community  
2005-2012



Petroglyph  
National  
Monument



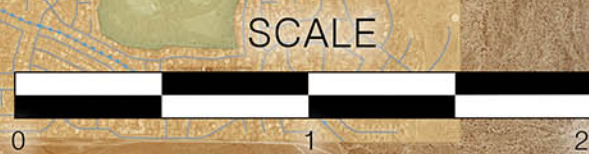
Bicycle Route



Multi-use Trail

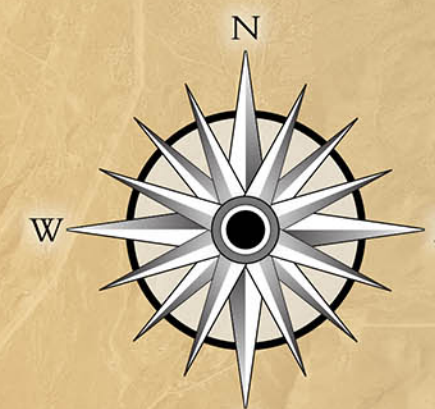


Bicycle Boulevard



Legend

- Multi-use Trail - A paved trail closed to automotive traffic
  - Bicycle Lane - a portion of the street with a designated lane for bicycles
  - One-Way Bicycle Lane - Similar to Bicycle Lane but only a single direction provided in the direction indicated by the arrows.
  - Bicycle Route - Cars and bicycles share the street
  - Bicycle Boulevard - A shared roadway optimized by bicycle traffic
  - Mountain Bike Trail - An unpaved, but maintained trail for mountain bikes
  - Roads with Wide Shoulders
  - Arroyos
  - Bicycle/Pedestrian Overpass
  - Mountain Bike Trailhead
  - Place of Interest
  - High School
  - Bosque Trail Parking
  - Rapid Ride Stop
  - Bicycle Shop
  - New Mexico Rail Runner Express Station
- Neighborhood streets may serve as connections between designated bikeways along your route



Bicycles allowed in  
City Open Space and  
non-wilderness  
areas ONLY

Welcome To Bicycling in Albuquerque!

Bicycling is both an important element of the city's multi-modal transportation system and a very popular recreation activity. Our temperate climate and sunshine allows for year-round bicycling opportunities. Taking advantage of these opportunities can result in significant benefits to your health and physical fitness. Bicycle commuting is strongly encouraged as a means of reducing traffic congestion and improving the city's air quality.

Albuquerque bicycle programs strive to provide a safe riding environment for bicycle riders of all levels. There are over 400 miles of on-street bicycle facilities and multi-use trails in the City, and what you see represented on this map is only the beginning. The City is committed to the continued expansion of the system to make bicycling accessible to everyone.

The City of Albuquerque invites you to explore the routes and destinations identified on this map. I sincerely hope you enjoy your bicycling experience in Albuquerque. Please bicycle responsibly, obey traffic laws and share our multi-use trails.



## Bike To Work

Albuquerque is in the midst of creating a transportation system that provides options that meet the needs of individuals and the community as a whole. The majority of Albuquerque residents have bicycles stored in their garages but there is the perception that bicycles are strictly for recreational purposes. City Council and the community have made the commitment to expand the on-street bikeway and multi-use trail system through dedicated transportation funds. The City of Albuquerque has made great progress through various planning and construction activities within the last several years in developing an improved system. These efforts are making bicycle commuting a viable transportation alternative.

## Benefits of Bike Commuting

Bicycle commuting is an opportunity to turn your stressful commute into valuable exercise time. It's fast enough to get you there in a reasonable amount of time, yet slow enough to allow you to enjoy the scenery. Bicycling is environmentally friendly. It will prolong the life of your car, save you money on gas, and parking.

## Getting Started

Plan your route. Map out your route in advance using this map. If there are gaps in the suggested routes or no direct routes, by going out on the weekend or after work to explore alternatives. A leisurely ride through neighborhoods along the way will reveal alternate roads that may be perfect for your commute. Make a practice run. The more comfortable you are with your route the easier



Photo by Roland Penttila

## Albuquerque Trails

The City of Albuquerque plans for, develops, and maintains many of Albuquerque's trails. The Albuquerque metropolitan area has more than 130 miles of paved multi-use trails and hundreds of miles of unpaved trails that are used by bicyclists and other users. These trails are connected with the on-street bikeway system to provide a recreational and commuter network.

Albuquerque's premiere trail, the **Paseo del Bosque Trail**, goes from the north to the south edges of the metro area through the Rio Grande's cottonwood bosque, 16 miles of paved trails uninterrupted by roadways. It passes through Rio Grande Valley State Park, with opportunities to see birds, coyotes and other wildlife, but also takes trail users to the Nature Center, Bio Park, the zoo, and the National Hispanic Cultural Center.

You may encounter many different kinds of users on the trails. Expect to meet other bicyclists, walkers, people with wheelchairs, in-line skaters, possibly equestrians. **Courtesy and caution** are a part of having an enjoyable and safe trail ride.



Photo by Roland Penttila



## Safety

An approved bicycle helmet can greatly reduce the risk of death or permanent injury in the event of an accident. Look for the ANSI Z90.4.

## On-Street Bikeways share the road

Ride Defensively - Prepare for the unexpected and plan alternate maneuvers to avoid conflict. Rules alone do not always protect cyclists from injury. Be alert.



## Albuquerque Code of Ordinances Chapter 8: Traffic Code

**§ 8-3-3-1 JURISDICTION.**  
The regulations in § 8-3-3-1 et seq. shall be applicable whenever a bicycle is operated on any municipal paved or dirt path or roadway set aside for the exclusive use of bicycles or set aside for use by bicycles with pedestrians, motorcycles and/or horseback riders and shall also be applicable to all streets, parking lots and the like, regardless of road surface covered by § 8-1-3-2. (74 Code, § 9-5-16.1.) (Ord. 65-1974; Am. Ord. 37-2008)

**§ 8-3-3-2 PARENTS' RESPONSIBILITY.**  
The parent of any child and the guardian of any ward shall not authorize or knowingly permit such child or ward to violate any of the provisions of § 8-3-3-1 et seq. (74 Code, § 9-5-16.2.) (Ord. 65-1974; Am. Ord. 37-2008)

**§ 8-3-3-3 BICYCLE SERIAL NUMBER.**  
(A) No person shall alter, obliterate or change the serial number imprinted on the frame of any bicycle.  
(B) No person shall sell or rent a bicycle on which the serial number imprinted on the frame has been altered, obliterated or changed.  
(C) This section shall not prohibit the restoration by an owner of an original serial number or mark.  
(74 Code, § 9-5-16.4.) (Ord. 65-1974; Am. Ord. 37-2008)

**§ 8-3-3-4 TRAFFIC REGULATIONS APPLY**  
(A) Operators of bicycles have the same rights as operators of automobiles in the use of streets, highways and roadways within the city, except as otherwise specifically provided herein.  
(B) Every person riding a bicycle upon a roadway shall be subject to all the duties applicable to the drivers of motor vehicles, except as otherwise expressly provided in this Traffic Code and except to those provisions of laws and ordinances which by their nature can have no application; and each such person shall be subject to the same provisions and sections of this Traffic Code to which a motorist is subject.  
(74 Code, § 9-5-16.5.) (Ord. 65-1974; Am. Ord. 19-2007; Am. Ord. 37-2008)

**§ 8-3-3-5 OBEDIENCE TO TRAFFIC CONTROL DEVICES.**  
(A) Any person operating a bicycle shall obey the instructions of official traffic control signals, signs, and other control devices applicable to vehicles, unless otherwise directed by a police officer.  
(B) Whenever authorized signs are erected indicating that no right or left or U-turn is permitted, no person operating a bicycle shall disobey the direction of any such sign, except where such person demonstrates from the bicycle to make such turn, in which event such person shall then obey the regulations applicable to pedestrians.  
(74 Code, § 9-5-16.6.) (Ord. 65-1974; Am. Ord. 19-2007; Am. Ord. 37-2008)

**§ 8-3-3-6 RIDING ON PROHIBITED STREETS OR CONTROLLED ACCESS ROADWAYS.**  
No person shall ride a bicycle either on any street or path where signs have been erected by the Mayor or his designated representative which prohibit the use of the street or path to bicycles, which restrict the use of the street or path

your commute will be. Get acquainted with your bike. If there are adjustments that will need to be made this is the time to find that out. Get used to riding your bike in a variety of traffic conditions. You will need to plan for arriving at your destination. Where you will park your bike, freshen up and change your clothes, if necessary, are all good things to know in advance. Learn and practice good safety skills and riding habits. You can do this on your own or through a bicycle safety class offered by the City of Albuquerque, Bicycle Safety and Education Program.

## Rules Of The Road

If your bike commute involves streets with a great deal of traffic, be aware of your surroundings and ride defensively. Drivers are more likely to respect your position on the road if you are consistent, predictable, and obey the rules of the road.

## Equipment

**Bicycle.** A mechanically sound bicycle is essential. Be sure all gears, wheels and brakes are in good working order and that the frame is sound.  
**Helmet.** Besides your bike, a helmet that fits well is your most important piece of bicycle commuting equipment.  
**Clothing.** Wear bright clothing so motorists will notice you.  
**Lights.** Lights are necessary if you are going to be riding in darkness. Red strobe lights are very effective. You will want to see as well as be seen in low visibility.  
**Tires.** Keep your tires properly inflated. Use high quality tires and tire liners. Carry a spare tube or patch kit, tire levers and a pump and know how to use them. You may consider making a test run to make sure you are comfortable with fixing a flat before you find yourself in the position of having to do it on your way to work.  
**Carriers.** A rack, panniers (saddlebags), basket, or back pack will be necessary for carrying things and to free up your hands for gripping the handle bars.  
Store a week's worth of clothing at the office. This option may require you to drive in one day a week to bring a few changes of clothing to the office.

## What To Wear

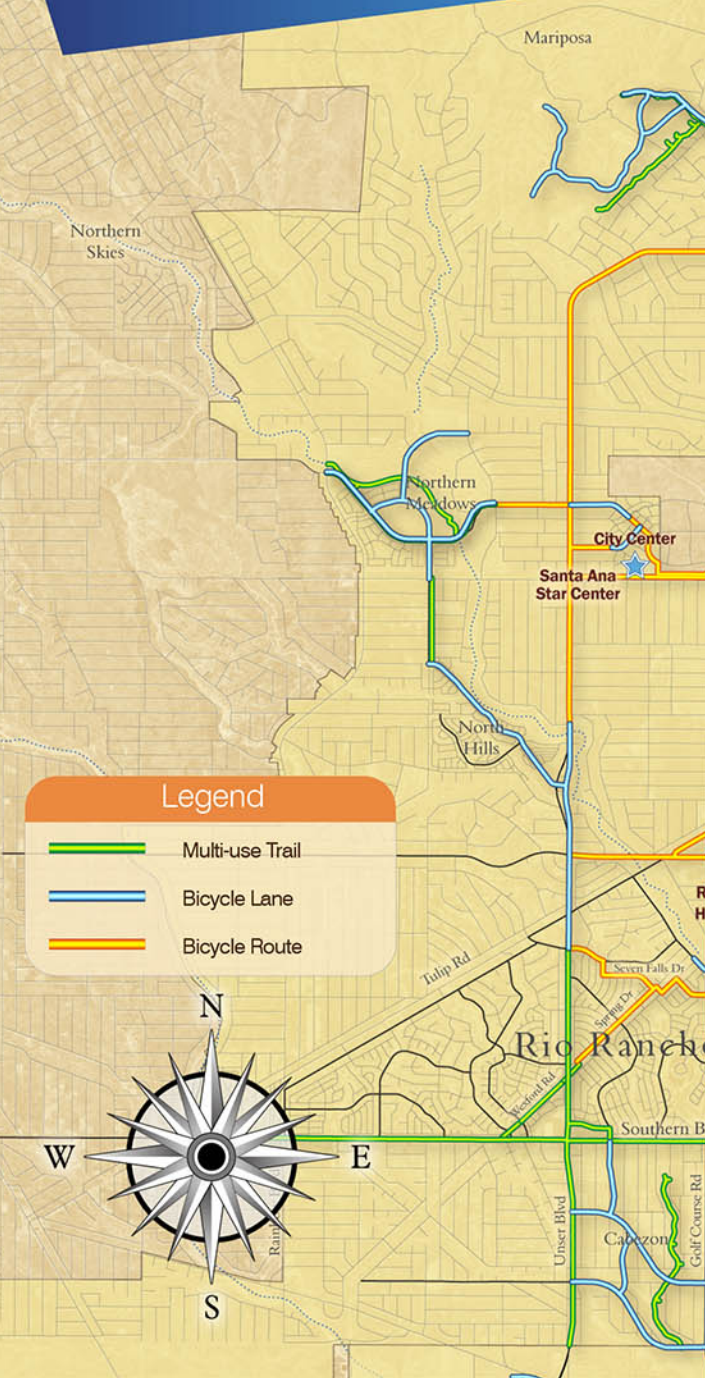
Here are three options to consider:  
**Ride in your work clothes.** Depending on the weather and the length of your commute, you may be able to wear your work clothes on your bike.  
**Wear casual clothes and carry your work clothes.** For longer, more strenuous commutes or over extreme temperatures, it can be more practical to change once you get to work. Rolling work clothes, rather than folding them, will help to minimize wrinkles. Specialized clothing, such as padded cycling shorts and gloves, are optional but can increase your comfort level on longer rides.  
Store a week's worth of clothing at the office. This option may require you to drive in one day a week to bring a few changes of clothing to the office.

## Parking

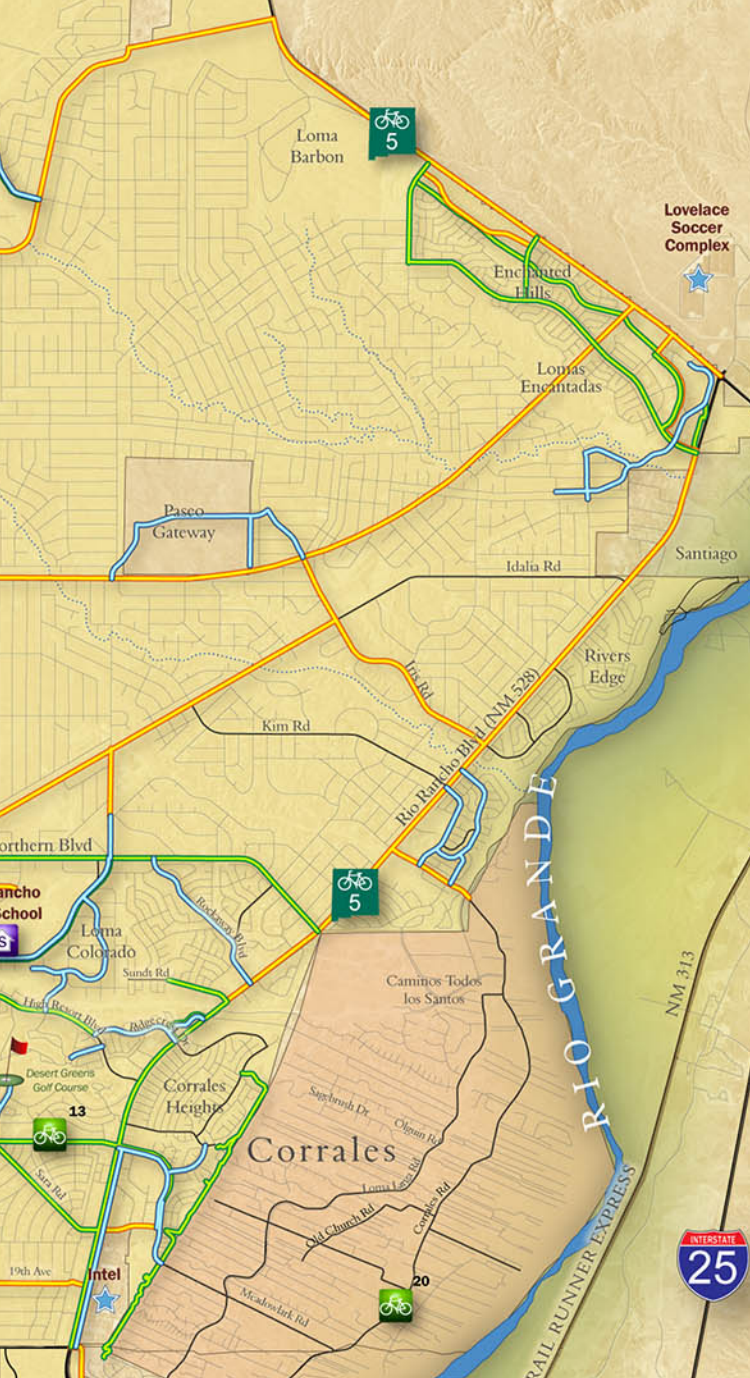
Park in open areas where many people pass by and your bicycle can easily be seen. The best bike racks are made with thick, sturdy tubing, are bolted down, and allow you to lock both the frame and the wheels to the rack. When locking your bike to an object other than a bike rack, parking meter or sign post, ensure that it is not possible to slide the bike up and over the top of the object. Your employer may allow you to park your bike inside the building where you work. This is a good way to avoid theft and protect your bike from the elements.  
**Locking your bike.** Lock the whole bike. Place your chain, cable, or U lock through your frame and wheels. If you have a quick-release front hub, you might consider taking it off and locking it with the rear wheel and frame. When using a padlock, put it where it's not close to the ground, a wall or other solid surface, and decrease the slack in your cable or chain. It's advisable to remove any easily removable accessories that can't be locked such as quick-release seats, horns, bike bags, pumps, cycle computers, or lights.



## Rio Rancho Bicycle Map



## Rio Rancho Bicycle Map



City of Albuquerque		311
Citizen Contact Center		
Municipal Development Department Transportation Planning and Project Development Transportation Development Division		768-2680
Street Repair and Sweeping Street Maintenance Division		857-8025
Construction Barreling and Detours Construction Management Division		924-3690
Traffic Signals and Signaling Traffic Engineering		857-8025
Parks and Recreation Department Multi-Use Trail Maintenance Park Management Division		857-8650
Bicycle/Pedestrian Safety Education Program Outdoor Recreation Division		768-BIKE (2453)
Open Space Trail Maintenance Open Space Division		452-5200
Bike NOW Program/Bike and Ride Transport Department		243-RIDE
GABAC - Greater Albuquerque Bicycle Advisory Committee A citizen advisory committee that meets the second Monday of every month to review and comment on projects affecting the bikeway system within the Albuquerque metropolitan area. GABAC meetings are open to the general public. Anyone interested in more information about GABAC, please contact the City of Albuquerque Department of Municipal Development, Transportation Division at 768-2680.		
GARTC - Greater Albuquerque Recreational Trails Committee A citizen advisory committee that meets the third Tuesday of every month to review and comment on policies and projects affecting multi-use trails (bike, pedestrian, equestrian, in-line skating, etc.) within the Albuquerque metropolitan area. GARTC meetings are open to the general public. Anyone interested in more information about GARTC, please contact the City of Albuquerque Department of Municipal Development, Transportation Division at 768-2680.		
Bernalillo County Street Maintenance Division		848-1503
City of Rio Rancho Bikeway Maintenance Operations and Maintenance		891-7224
Organizations Bike ABQ web: <a href="http://www.bikeabq.org">http://www.bikeabq.org</a> email: <a href="mailto:info@bikeabq.org">info@bikeabq.org</a> New Mexico Touring Society web: <a href="http://www.nmtsa.org">http://www.nmtsa.org</a> email: <a href="mailto:nmtsa@nmtsa.com">nmtsa@nmtsa.com</a>		
For more information about bicycling in the Albuquerque Metro Area go to the city's web site at <a href="http://www.cabq.gov/bike/">www.cabq.gov/bike/</a>		



## Ride the Rail Runner and Bring Your Bike For Free!

Each train is equipped with tie-downs for at least four standard-size bikes. Additional bike storage is available in the areas reserved for wheelchairs if these are not being used. Spaces are available on a first-come, first-served basis.

**Bringing your bike on board—basic guidelines:**  
- Let other passengers get on and off the train first  
- Board at doors marked with the bicycle symbol  
- Store bike in space marked with bicycle symbol immediately inside the doors  
- Secure your bike with the yellow straps  
- Keep your bike out of the aisles  
- Stay near your bike  
- You can also leave your bike safely locked at the bike racks located at each Rail Runner station.

**You can also use our convenient bike lockers:**  
- Located at each station  
- Low cost way to safely store your bike

1-866-795-RAIL (7245) for more info.



## BIKE & BUS

**Bike and Bus** in Albuquerque is designed to give you more commuting alternatives to your car. Cyclists can use multi-use trails, bicycle lanes and routes, and continue to travel in higher traffic areas by combining bicycle trips with public transit. Try it and you'll find that you should have been doing this sooner!  
Loading instructions are marked on each bike rack. Bicycles are not allowed aboard buses.



**Step #1:** As per instructions on the bike rack, pull handle up and slowly lower into position.  
**Step #2:** Load the front wheel of the bike in position nearest the bus with the handlebars toward the curb.  
**Step #3:** Pull on spring loaded tire harness and place over front wheel as shown in photo. Remove your water bottle, pump, etc., before boarding.  
**UNLOADING:**  
1. Before reaching your stop tell the driver that you'll need to unload your bike. When the bus stops, leave via the front door.  
2. Pull the hook out and over the wheel to release your bike. The hook springs back into position. Lift or roll your bike out of the wheel slots, moving it toward the curb side of the bus.  
3. If no other bike is being loaded and the rack is empty, please fold it up and lock into place.  
4. Quickly move away and signal the driver that it is safe to leave. Never step into traffic. Always move toward the curb.

## Area Bicycle Shops

Shop	Address	Phone #
1. Bike Coop LTD	120 Yale Blvd. SE	265-5170
2. Bikes Plus	8810 Holly Ave. NE	275-5970
3. Bike Works	2630 Carlisle Blvd. NE	884-0341
4. Bike World	8119 San Mateo Blvd. NE	881-4233
5. Bike World	6041 Camarillo Courts NW	792-1200
6. Bike World	1820 Central Ave. NW	247-8033
7. Cycle Cave, Inc.	5276 Menard Blvd. NE	884-6607
8. Fat Tree Cycles, Inc.	421 Montano Rd. NE	345-9005
9. Fixed and Free	114 Lumen Dr. SE	255-0586
10. Gold Avenue Bicycle Co.	317 Gold Ave. SW	243-2118
11. Hawk's Eye Cycle	10701 Comales Rd. NW Suite 10	792-1474
12. High Desert Bicycles	8110 Lonsdale Blvd. NE	842-8260
13. High Desert Bicycles	11149 Menard Blvd. NE	299-2624
14. The Kickstand	6035 Menard Blvd. NE	299-1210
15. Northeast Cycle Inc.	11200 Montgomery Blvd. NE	293-9684
16. Northeast Cycle	5276 Menard Blvd. NE	765-2471
17. Performance Bicycle	1500 Montecarlo Ave. NE	247-1191
18. REI	6015 Montgomery Blvd. NE	837-9400
19. Sports Systems	4533 Comales Rd. NW Suite 10	897-7900
20. Steve's Happy Bikes	5000 Menard Blvd. NE Suite A	897-7900
21. The Bicycle Super Store	1700 Central Ave. SE	243-8443
22. Two Wheel Drive Inc.		

**Rentals**  
23. Bikeshm  
24. Route Rentals



Photo by Roland Penttila